

These lessons have been identified by the Pol-Ed team to help support educational settings when teaching about sexual incidents.

EYFS

-  How can I be a good friend?
-  How can I make other children feel happy?
-  How can I play nicely with others?
-  How can I play safely?
-  What are consequences?
-  What can I do if I'm feeling big emotions?

Year 1

-  How can I be an ally?
-  How can I make friends?
-  What if my friends are making me feel sad?
-  Why are safe hands important?
-  How can I speak up?
-  How can I keep safe in new places?
-  How can I use things at home safely?
-  What is 999?
-  What do feelings feel like?
-  How can I share my feelings?

Year 2

-  Why are relationships important?
-  How can I keep safe online?
-  How can I deal with change?

Year 3

-  How should we treat people?
-  What can I do when friendships go wrong?
-  What do we mean by consent in friendships?
-  How can I share my worries?
-  When should I break a secret?
-  How can intense feelings feel?

Relationships

Keeping Safe

Understanding
The Law

Well Being



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Year 4

-  What is a healthy friendship?
-  What is discrimination?

Year 5

-  What are my personal boundaries?
-  How can my adult relationships affect my future?
-  What are online friendships?
-  What is grooming?
-  What are deep fakes?

Year 6

-  How can we challenge sexism?
-  How can we respect different relationships?
-  What is spiking?
-  What does the law say about marriage?

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