

FREE
first aid sessions
in your local area

How would you help a mate if they were hurt? **Ask me**

Learn street first aid skills to keep you and your mates safe

Hands-on first aid sessions for 11 to 25s



For more information scan the QR code
or visit sja.org.uk/young-responders

St John
Ambulance



Young Responders

Learn hands-on first aid skills.

Deal with stab wounds, drink and drug problems and mental health awareness

**Dealing with a
stab wound**

**Primary
Survey**

Drink Spiking

**Mental Health
Awareness**



**Recovery
Position**

**Cardiopulmonary
Resuscitation (CPR)**

**Know the risks and learn street
first aid skills** that could save a life



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