

## How would you help a mate if they were hurt? Ask me

Learn street first aid skills to keep you and your mates safe

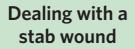
Hands-on first aid sessions for 11 to 25s





## Learn hands-on first aid skills.

Deal with stab wounds, drink and drug problems and mental health awareness



Primary Survey

**Drink Spiking** 



Mental Health Awareness

Recovery Position

Cardiopulmonary Resuscitation (CPR)

Know the risks and learn street first aid skills that could save a life



