

These lessons have been identified by the Pol-Ed team to help support educational settings when teaching about sexual incidents.

Year 7

-  What is child-on-child abuse?
-  How can we deal with friendships breaking down?
-  Why is trust important?
-  What is FGM?
-  What range of emotions are there?

Year 8

-  What are red flags in relationships (friendship & romantic)?
-  What are deep fakes?
-  What is sextortion?

Year 9

-  What is consent in a relationship?
-  What is sexism?
-  What is Child Sexual Exploitation (CSE)?
-  What's the issue with 'nudes'?
-  How does the media portray sex and relationships?
-  What do we mean by intimidation?
-  Can I legally get contraception?

Year 10

-  How can I seek support if I'm worried about my behaviour in relationships?
-  What are my relationship values?
-  What is emotional abuse?
-  What is incel culture?
-  What is toxic culture?
-  What is image-based sexual abuse?
-  How can we approach new situations?

Relationships

Keeping Safe

Understanding
The Law

Well Being

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Year 11

-  What are sexual offences?
-  What is the difference between an arranged and a forced marriage?
-  What is victim blaming?
-  What is the influence of porn on relationships?
-  Substance abuse and relationships, so what?
-  What does the law say about contraception?
-  What does the law say about pregnancy and STIs?

Secondary Assemblies

-  Violence Against Women & Girls (VAWG)

Post-16

-  How can we manage stages of intimacy?
-  How to spot and respond to coercive control.
-  How should we end romantic relationships?
-  What is harassment?
-  What happens in sexual health services?
-  What is stalking?
-  What to do if you suspect a sexual offence?

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